

Inwood 5K Awards - 10/9/2005

Age Time Pace Overall

Top Overall Finishers - Male

John Daly	Massapequa	51	18:23	5:55	1
Rocco Sinisi	Rockville Centre	42	18:39	6:01	2
Steven Parks	Cedarhurst	15	19:35	6:19	3

Top Overall Finishers - Female

Sharon Green	North Woodmere	16	21:22	6:53	18
Amy Borgen	Lawrence	39	21:44	7:00	20
Jennifer Elshazly	Bay Shore	42	22:15	7:10	25

12 and Under - Male

David Lui	Garden City	12	25:22	8:10	59
Jason Fruchter	Lawrence	12	26:12	8:26	67
Devin Kopet	New Fairfield	12	27:08	8:44	87

12 and Under - Female

Samantha Harris	East Rockaway	12	27:35	8:53	95
Jillian Borgen	Lawrence	12	30:21	9:47	117
Sarah Barroso	Lynbrook	8	33:05	10:39	145

13 - 15 - Male

Eric Engelman	Woodmere	15	21:12	6:50	17
Louis Gutierrez	Inwood	14	23:09	7:28	37
Jonathan Green	North Woodmere	14	23:13	7:29	40

13 - 15 - Female

Deidre Early	Malverne	14	26:11	8:26	66
Julianne Elshazly	Bay Shore	14	32:10	10:22	131

16 - 18 - Male

Chris Vacchio	Inwood	16	20:10	6:30	7
Bryan Mantovani	Inwood	18	21:05	6:48	15
Jimmy White	Lynbrook	17	21:09	6:49	16

16 - 18 - Female

Jennifer Alberts	Oceanside	16	30:02	9:40	114
Megan Silverstein	Oceanside	16	35:04	11:18	154

19 - 24 - Male

Miguel Angel Acosta	Inwood	23	20:31	6:37	10
Philip Diblasi	Brooklyn	20	22:12	7:09	24
Jason Hurtarte	Inwood	23	27:38	8:54	97

19 - 24 - Female

Michelle Minnelli	Inwood	20	29:52	9:37	113
Angela Woodard	North Babylon	19	31:33	10:10	127
Christine Sobol	Manhasset	22	32:29	10:28	136

25 - 29 - Male

Julius Brooks	Inwood	25	25:59	8:22	64
---------------	--------	----	-------	------	----

25 - 29 - Female

Melissa Dere	Woodmere	26	27:25	8:50	93
Marie Vizz	Long Beach	27	35:58	11:35	158
Rafaela Fernandez	Island Park	25	35:58	11:35	159

30 - 34 - Male

Robert Caliguri	Inwood	33	23:02	7:25	36
Eli Hirsch	Bellerose	33	23:11	7:28	39
Jeremy Harrow	Hollis Hills	30	27:55	9:00	100

30 - 34 - Female

Christine Graziano	Baldwin	34	27:05	8:44	84
Laura Furmanski	Brooklyn	30	41:27	13:21	169
Lola Nelson	Far Rockaway	30	41:28	13:21	170

35 - 39 - Male

Yvo Yela	Inwood	39	22:24	7:13	26
Brian Selver	East Rockaway	38	22:35	7:17	28
Eric Friedman	Merrick	39	22:49	7:21	32

35 - 39 - Female

Jackie Truffelman	Long Beach	37	24:39	7:57	52
Lilian Reyas	Inwood	39	26:19	8:29	70
Yael Mandel	Lawrence	37	26:58	8:41	78

40 - 44 - Male

Rick Secor	Ronkonkoma	44	19:39	6:20	4
Donnell Simon	Yeadon	40	19:57	6:26	5
Jay Irom	Far Rockaway	44	21:26	6:54	19

40 - 44 - Female

Alicia Williamson	Jamaica	41	22:41	7:19	30
Amy Fruchter	Lawrence	42	23:33	7:35	44
Anita Von Himmel	Massapequa	44	24:48	7:59	55

45 - 49 - Male

Scott Vogel	Forest Hills	46	20:07	6:29	6
Alex Cuzzo	Bellmore	47	20:15	6:32	8
Ken Rosenberg	Woodmere	45	20:26	6:35	9

45 - 49 - Female

Annette Thompson		47	32:16	10:24	133
------------------	--	----	-------	-------	-----

50 - 54 - Male

Scott Fairgrieve	Mineola	54	20:52	6:43	13
Joe Ninesling	Amityville	51	21:01	6:46	14
Richard Kamzan	Long Beach	51	21:47	7:01	21

50 - 54 - Female

Karen Donohue	Brooklyn	52	29:37	9:32	109
Linda Fairgrieve	Mineola	51	35:19	11:23	156
Michele Arena	Williston Park	50	37:47	12:10	163

55 - 59 - Male

Denis Brazil		58	20:38	6:39	11
Jeff Berg	East Rockaway	55	21:57	7:04	23
Perry Zeichner	Brightwaters	57	22:51	7:22	33

55 - 59 - Female

Debra Leshnowar	Long Beach	56	30:54	9:57	121
Noelia Caban		56	32:28	10:27	135
Kathy Thompson	Northport	56	32:34	10:29	139

60 - 64 - Male

Jim Ferrigina	Middle Village	62	20:50	6:43	12
Russell Bassett	Queens Village	64	23:21	7:31	42
Joseph Spielberg	Forest Hills	60	26:25	8:31	73

60 - 64 - Female

No finishers in age group

65 - 69 - Male

Frank Mcaneney	Brooklyn	69	24:02	7:45	47
Larry Eichner	Cedarhurst	67	25:05	8:05	57
Al Parc	Lynbrook	69	26:15	8:27	69

65 - 69 - Female

Michelle Warren	Lawrence	65	33:35	10:49	148
-----------------	----------	----	-------	-------	-----

70 - 74 - Male

Maurice Ornstein	Lynbrook	71	24:18	7:50	48
Carlos Morales	Corona	71	27:27	8:51	94
Herbert Freilich	Brooklyn	73	30:32	9:50	118

70 - 74 - Female

No finishers in age group

75+ - Male

Bert Jablon	Syosset	78	27:39	8:54	98
Kenneth Pruitt	Inwood	75	28:58	9:20	106
Bill Benson	Valley Stream	86	38:17	12:20	164

75+ - Female

No finishers in age group